



co-author

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Dr. Carrie Young-McWilliams, Ed.D., is an education advocate, author, and consultant who transforms lived experience into actionable strategy. Based on the East Coast, through Care2Empower, she supports families, educators, and organizations navigating complex education, equity, and workplace systems—bridging policy, practice, and advocacy. As a co-author of the Triumph in the Trenches series (Volumes I-III), her work amplifies untold stories while equipping leaders with tools to disrupt systemic barriers in educational institutions from MS to CT. Driven by justice, integrity, and results, Dr. Young-McWilliams delivers speaking, training, and consulting that turns insight into impact and empowers communities to lead change with clarity and courage.

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